

Flame on the Water

Celebrate Diversity



Question with Integrity



Build Justice



March 2025
Trust

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What Kind of Times Are These?

By Adrienne Rich

There's a place between two stands of trees where the grass grows uphill and the old revolutionary road breaks off into shadows near a meeting-house abandoned by the persecuted who disappeared into those shadows.

I've walked there picking mushrooms at the edge of dread, but don't be fooled this isn't a Russian poem, this is not somewhere else but here. Our country moving closer to its own truth and dread, its own ways of making people disappear.

I won't tell you where the place is, the dark mesh of the woods meeting the unmarked strip of light — ghost-ridden crossroads, leafmold paradise: I know already who wants to buy it, sell it, make it disappear.

And I won't tell you where it is, so why do I tell you anything? Because you still listen, because in times like these to have you listen at all, it's necessary to talk about trees.

March Adult Forums

3/2 - Treaka Young, director of State Fair Community College Jefferson City Campus will trace the development of cooperation between State Fair and LU.

3/9-Marshall Mull, "Migration to Earth" How is a non-writer able to publish 2 books? Mull shares a birthday with Nostradamus and sees things differently.

3/16 - Shanon Hawk, past-president of UUFJC will share a "Legislature Update" at the midway point in the legislative year.

3/23 - Donna Scheidt, Executive Director of Little Explorers Discovery Center discusses how they go beyond daycare and facilitate child development.

3/30 - Gary Kowaluk, Chair of the Department of Social and Behavioral Sciences at Lincoln University will introduce the concept of "Prisons of the Mind." He will relate this psychological concept to his work, "behind the walls."

If you would like to schedule a forum, please see Frank Rycyk @ 573-636-2135

**Do you need a donation report for your taxes?
See Bob Antweiler**

Trust

By Oren Jay Sofer

I trust what this body knows –
breathing in, breathing out,
the way home.

I trust the ground, which I can stand upon –
the earth that rises to meet my feet
and gives gently beneath my weight.

And I trust that ground which I cannot stand upon
–
the falling away that everything returns to.

I trust what this body knows –
the pulsing and quivering, the tight, the hard,
the smooth, rough and flowing.

I trust the great oak and the white pine, who do
not question where the next branch will grow;
who are tall, solid, gnarled and strong;
who bend in the wind.

I trust the sun, that shines and warms
the taut green skin and deep blue water of this
earth;
that sun toward which we all instinctively turn;
which touches our billion faces alike,
asking only the song of our sincere living in
return.

I trust what this body knows –
breathing in, breathing out,
the way home.

I trust what this body knows
that the magnolias in spring take time to bloom,
that the autumn leaves do not struggle to reach
the ground, that we too are beautiful, brief, free.

**Contact us online on our
homepage:
UUFJC.org
or on Facebook**

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573-636-0684

Lunch - after services-

If you would like to join other members and friends for lunch, watch for postings and announcements, or ask about each week's lunch location. If you have a particular place you'd like to recommend, please let us know.

Side With Love

invites you to join us for a:

WEBINAR

Grounded, Resilient, and Responsible:
Responding and Organizing in
Authoritarian Times

**Tuesday, March 4
at 7pm ET/4pm PT**

**[RSVP TO JOIN MARCH 4 @
7PM ET / 4PM PT](#)**

This moment calls for us to be deeply grounded in our values, resilient in the face of challenges, and responsible stewards of justice. Together, we will explore:

- *Simple tips on communicating safely in public and on private channels
- *Strategies for responding in crisis moments
- *Practical tools for organizing and resisting authoritarianism

Join us for powerful stories from the organizers who helped write the Grounded, Resilient, and Responsible toolkit. Learn how these tips can help you meet this moment.

Now more than ever, we must show up for one another. Join us to deepen your commitment, strengthen your skills, and act in solidarity for a just and liberated future.

**Joys & Concerns-Please submit your Joys & Concerns to our website:
<http://uufjc.org/joys--concerns.html> by noon on Friday or on paper forms for in-
person contributions as early as possible on Sunday mornings. See Heidi Atkins-
Lieberman for assistance.**



Religious Education, 10:30 am
**Children attending are welcome to join RE instructor Dr Samantha Porter for a
lesson during the service hour.**

Insight Meditation

Thursday evenings at 7 pm
A meditation group led by Joe McCormack meets weekly in our building, when
possible. Zoom may also be available. Contact Bob Antweiler.

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