

Flame on the Water

Celebrate Diversity



Question with Integrity



Build Justice



August 2025
Nurturing Beauty

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Patricia Adams Farmer

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August Adult Forums

8/3/25 - Susan Clark, Habitat For Humanity. Hear about their work building houses and about Susan's work on JCMO housing committees.

8/10/25 - Iva Presberry, Hope for Caribbean Kids. Hear about their work in Haiti.

8/17/25 - Dr. Darius Watson will share about his recent exchange trip to Taiwan.

8/24/25 - Suzanne Luther will tell about her work on the school board.

8/31/25 - Mike Downey, general Manager at KJLU, Lincoln University's radio station.

**If you would like to schedule a forum,
please see Frank Rycyk @ 573-636-2135**

Nurturing Beauty

"Beauty is that which glistens on the edges of our yearnings and lures us into the depths of things."

-Patricia Adams Farmer

What does beauty mean to you? This month, we invite you to nurture beauty. Take the time to notice beauty around you, carry a beautiful poem in your pocket, create art, garden, or....?

Here are some activities to practice nurturing beauty as a family:

- Each of you choose something beautiful to carry with you for the month. It could be a beautiful stone, a poem, a picture, etc.
- Garden together to nurture beauty.
- Talk about what beauty means to each of you. Explore the difference between cultural and societal ideals about beauty and what you actually perceive as beautiful.
- Share what you think is beautiful about each other.
- Take a beauty walk. On a family walk, take turns noticing what is beautiful around you.
- At the end of the day, share one beautiful thing you saw or experienced.
- Create something beautiful together: do a family art project!

Here are some questions to explore:

- What is the most beautiful thing you've ever seen or experienced? How did it leave its mark on you?
- When do you feel beautiful?
Have you ever found beauty in something that other people might not see as beautiful?

Nurturing Beauty By Frank Rycyk

I Nurture Beauty by letting it grow. I minimize my lawn cutting.

I enjoy sitting on my front porch. In between reading, I admire the unkempt beauty before me.

Bees working the clover blossoms are a main attraction.

Nurturing Beauty can take many forms.

In Nature's Nurturing Embrace
poem by Vidya Sury

In the silence of dawn,
lies solace in the whispering leaves,
that dance to the rhythm of the wind,
and gently sway to the melody of peace.

Beneath the canopy of trees,
I am but a fleeting visitor,
Lost in the vastness of the wilderness,
Yet strangely at home in its embrace.

As my feet walk the earth,
Each step communing with nature,
I feel my steady heartbeat, my wandering soul
Each breath, a prayer to the universe.

Reaching out, I touch the rough bark,
To enjoy the pulse of life at my fingertips,
A connection ancient and profound,
That binds me to this sacred place.

In the stillness of the forest,
There's clarity in the chaos of the world,
As birdsong fills the air,
And the sun breaks through from above.
Here, this serene moment
a reminder of my place in the web of life,
A mere thread in the...

I stand in awe of nature's beauty,
humbled by its power,
For in its presence,
I see the simple truth.

We are all part of
something greater and when we connect with nature,
We find ourselves.

The next UUFJC Board Meeting will be held on August 10, 2025, after the service. All are welcome to attend.

Religious Education, 10:30 am
Children attending are welcome to join RE instructor Dr Samantha Porter for a lesson during the service hour.

Caring Committee

Contact Mary Jo LaCorte at: uufjc1@gmail.com for assistance

Please submit your Joys & Concerns to our website:

**For the death of Rev John Bennett. This great soul was always where he needed to be to try and help people. He was one of the “Medicaid 23”!

<http://uufjc.org/joys--concerns.html> by noon on Friday or on paper forms for in-person contributions as early as possible on Sunday mornings.

Insight Meditation

Thursday evenings at 7 pm, a meditation group meets weekly in our building, when possible. Contact Bob Antweiler.

Chair Yoga with Alberta
Every Tuesday
@ 11 am
by donation

Lunch - after services-

If you would like to join other members and friends for lunch, watch for postings and announcements, or ask about each week's lunch location. If you have a particular place you'd like to recommend, please let us know.

UUFJC Board of Directors

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