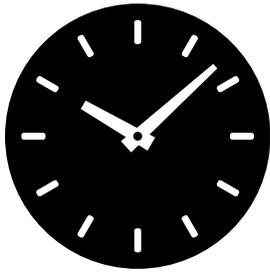


Dear UUFJC Members and Friends,

November 2, 2024



It's that time of year again!
Don't forget to set your clocks BACK one hour Saturday night,
November 2, 2024 for day light savings time.

This week's Adult Forum: Right before election day!

Leader: Frank Rycyk

Title: Discussion based on a Gerald Seib article, "The Bright Spots in the Doom & Gloom of our Politics"

Next week's Forum: November 10:

Leader: Stephen Stark

Is Missouri still fighting the Civil War? Stephen will present about the Civil War in Missouri

Service and Religious Education - 10:30 am

This Sunday's Message: Soul Stories & Ego Stories by Rev. David Schwartz

Children's Religious Education - 10:30 am

Children attending in-person are welcome to join RE Instructor Samantha Porter for a lesson during the service hour.

This month's theme: Repair

This week's lesson:

UUFJC News and Events this week:

The Intergenerational Book Study will meet Sunday, November 10 at 2:00 pm. The selected book is *Dracula* by Bram Stoker and the location this month will be at Betty Cooper's house. If anyone has questions, they can contact Emma Regnier at imaginedoggies@gmail.com.



On November 24, we will be having a Bread Communion.



From the UUA:

In bread communion, people bring different kinds of bread to share. Some bring breads that are part of their cultural heritage, like pita bread from the Middle East, or Irish soda bread.

Breads around the world are very different, but every civilization that has ever lived on the earth has made some type of bread. This communion reminds us that we all need food to live, that we must share our one earth which feeds us all. It also reminds us to share our unique gifts with one another, so all can be fed.

So if you have a bread that's special to your family/heritage, plan to bring some to share, homemade or store bought. Or, if you just have a favorite style of bread you would like to share, bring that. Interpret "bread" as loosely as you would like.

We'll have toppings such as butter, honey and jam available but feel free to bring anything that you especially like with your bread. We also traditionally serve apple cider with the bread so that will be available as well.

Greetings from the Inn!

Despite the temperate weather, Jefferson City Room at the Inn is gearing up for our winter season! We will open to guests on December 1, but before we can open we need to train our volunteers! Our two training dates: November 14 and November 19, both at 6:30pm in First Baptist Church's Fellowship Hall.

In case someone asks, both dates will have the same content, so volunteers need only attend one or the other. Also, attending a training is recommended but not required in order to volunteer at the Inn.

Please let me know if you have any additional questions!

Peace, Sarah Hamilton, JCRATI Chair

Lunch after Service: If you would like to join other members and friends for lunch, watch for postings, announcements, or ask about the weekly lunch location. Suggestions for places to gather are always welcome.

JEFFERSON CITY
Room
at the
Inn

PRE-SEASON TRAINING

PICK ONE
NOVEMBER 14
NOVEMBER 19

6:30PM

FIRST BAPTIST CHURCH FELLOWSHIP HALL

Questions? jeffcityrati@gmail.com

This Week's Joys and Concerns:

If you have a joy or concern that you would like to have read during a service or shared in our weekly email, please submit it by noon on the Friday before through our website: <http://uufjc.org/joys--concerns.html>

We will also have paper forms available Sunday morning for submissions.

Zoom participants, please use the web form. Submissions made after noon on Friday may not be read or shared until the following week.

For more events, see our online calendars:

[UUFJC Events](#)

[Virtual Gatherings](#)

[Affiliated Events](#)

[Religious Education](#)

[Building Use \(other\)](#)

[Community Events](#)

And visit us online at <http://uufjc.org/>

Blessing to you all!

Mary Jo LaCortè

Administrator, UUFJC