

January 24, 2026

Friends,

As I write this, I am also watching the snow fall that was predicted. I marvel at it's beauty and at the same time at it's potential for harm. My hope is that all stay warm and safe in the next few days. Please check your email and the Facebook page in the morning for cancellations if this continues.

**This week's forum:** Jan Harcourt, "Somatic Experiencing" Mind-body interactions.

**Next week's forum:** 2/1/26 - Scott Faughn, the new owner of the Jefferson City News Tribune

**This week's Sermon** The Invitation to Discomfort by Michelle Scott Huffman, UU of Springfield Mo

<https://www.youtube.com/watch?v=wMYt09uR-XILetting>

This week's UU Moment - Question about Rev Jo wearing a clerical collar by Rev. Joanna Fontaine Crawford

<https://www.youtube.com/watch?v=HKOoAnpmhvw>

Children attending in-person are welcome to join RE Instructor Dr Samantha Porter for a lesson during the service hour. January's theme: Practicing Resilience.

**Lunch After Services**- Please join us for lunch after the service this week at Dragon Kitchen.

### **This Week's Joys & Concerns:**

**Our thoughts are with our friends Rev. George Grimm-Howell and Rev. Michelle Scott-Huffman, who have travelled to Minnesota to help the people there resist ICE.**

If you have a joy or concern that you would like to have read during a service or shared in our weekly email, please submit it by noon on the Friday before through our website: <http://uufjc.org/joys--concerns.html>

We will also have paper forms available Sunday morning for submissions. Submissions made after noon on Friday may not be read or shared until the following week.

All members are welcome to attend our board meetings. The next meeting will be on February 15 after the service.

Caring Committee

Contact Mary Jo LaCorte at: [uufjc1@gmail.com](mailto:uufjc1@gmail.com) for assistance.

Blessings Always,  
Mary Jo LaCorte  
UUFJC Administrator

For more events, see our online calendars:

[UUFJC Events](#)

[Community Events](#)

[Virtual Gatherings.](#)

[Religious Education](#)

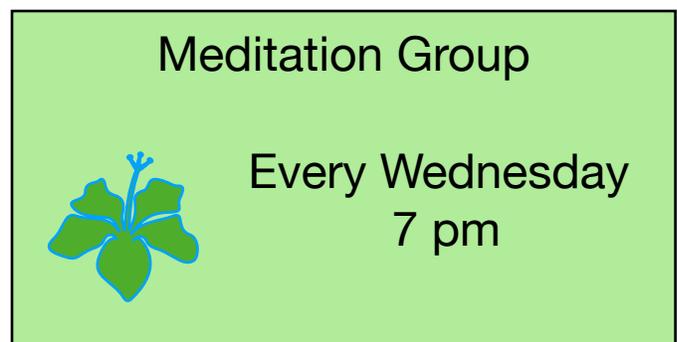
[Building Use \(other\)](#)

[And visit us online at http://uufjc.org/](http://uufjc.org/)

[Affiliated Events](#)

**UUFJC now has Venmo!**

**You can now make a payment through our Venmo app**



C.U.U.P.S.  
Covenant of UU Pagans  
Meets every 3rd Tuesday of the  
month  
@ the Fellowship  
Contact Kurt Groner for more  
information  
573-636-0648

Weather or Not?

A presentation by Zach Leasor, State Climatologist on February 3<sup>rd</sup> 6:30 in the Missouri Regional Library Art Gallery

What's going on with the crazy weather we have been having? Is this just the way it is in Missouri or is there something more going on? Come listen to an expert in this area and find out for yourself.

Zack is an assistant professor in climate science within the University of Missouri School of Natural Resources. He also works as State Climatologist and director of the Missouri Climate Center. He also works with the National Weather Service offices and regional climate services to provide climate data and prepare special summaries of significant weather and climate events.

Our next Intergenerational  
Classic Read is  
**Coffee Will Make You Black**

by April Sinclair

Book discussion will be on  
Sunday, February 8, 2026 at 2pm

Drum Circle  
will meet the 2nd  
Monday of the  
month from 7-8 pm  
Next meeting is  
February 9.

Yoga with Jan  
until Alberta's return  
Tuesday @ 11 am