

UUFJC Weekly News - July 4, 2026

Dear Friends,



This week's forum: -Nathan Elwood, legislative librarian, "Walthall Moore, Missouri's first Black legislator."

Next week's forum: The Rev Chelsey Hillyer, First United Methodist Church

Sermon - Time Anxiety, Rev. David Schwartz, Unitarian Universalist Church of Boulder

<https://www.youtube.com/watch?v=IITW8uuk9xc&t=2022s>

UU Moment- Letting Go of What No Longer Serves, Rev. Dr. Erien Babcock, Church of the Larger Fellowship

https://www.youtube.com/watch?v=d0PoxUU6_WA&list=PLXSqfWmM95Kv-DFOMI5iHGdDypeXZvmp_&index=15

Children attending in-person are welcome to join RE Instructor Dr Samantha Porter for a lesson during the service hour. June's Theme: *Spiritual Awakening.*

Lunch After Services- Please join us for lunch after the service this week at El Espolon.

"Awakening is not changing who you are, but discarding who you are not." — *Deepak Chopra*

This Week's Joys & Concerns:

If you have a joy or concern that you would like to have read during a service or shared in our weekly email, please submit it by noon on the Friday before through our website: <http://uufjc.org/joys--concerns.html>

***Carol Bontempo will be transferred to Jefferson City Manor this week. We continue to keep her in our thoughts for recovery.

We will also have paper forms available Sunday morning for submissions. Submissions made after noon on Friday may not be read or shared until the following week.

Drum Circle
Meets the 2nd Monday
of the month from 7-8
pm next meeting
July 13

Meditation Group
Meets
Every Wednesday
7 pm

Our part-time minister, Rev Tom Bozeman, will be with us again from Sunday, July 26 - Sunday, August 2. He will have a workshop on Saturday, August 1. All are welcome to attend this workshop. He will also be available for 1 on 1 discussion by appointment.

Pot Luck after the service on Sunday, July 26.

SOCIAL JUSTICE

These are a few Social Justice opportunities available this month.

The JC Salvation Army is having Christmas in July events. These money raising opportunities are needed to continue serving our homeless population.

- *** July 18, 19 or 24 RING THE BELL
- *** July 25 HOST A LEMONADE STAND
- *** July 31 or Aug 1 STUFF THE BUS DONATIONS.

For information about these fundraisers, contact Melinda at
Melinda.jennings@usc.salvationarmy.org

United We Stand Missouri

*** July 18 at 10am United We Stand Missouri is hosting a GOOD TROUBLE LIVES ON rally at the Capital.

Peace and love

Joan

Intergenerational Book Club's
Next read

Look Who's Back
By Timur Vermes
Book discussion on
July 14, 2026 at 2 pm

Chair Yoga
Tuesdays - 11 AM
By Donation

"To realize that you are not your thoughts is when you begin to awaken spiritually." — *Eckhart Tolle*

Caring Committee - please contact Mary Jo LaCorte by email at uufjc1@gmail.com or text to 573-680-9853.

With Happiness, Love & Light,

Mary Jo LaCorte
UUFJC Administrator

For more events, see our online calendars:

[UUFJC Events](#)

[Community Events](#)

[Virtual Gatherings.](#)

[Building Use \(other\)](#)

[And visit us online at http://uufjc.org/](http://uufjc.org/)

[Affiliated Events](#)

UUFJC now has Venmo!

You can now make a payment through our Venmo app

