

UUFJC August 15 News

Explore * Learn * Grow

Sign up for a 5 week session with Rev Tom

This week's forum: Betty Cooper: "Unitarian Universalists as life-long learners"

Next week's forum: Raylene Duckworth: Rise-Up Foundation "Healthy teen relationships"

This week's Sermon: The Miracle of Mindfulness - Celebrating the Life of Thich Nhat Hanh" by Rev. Jamie Hinson-Rieger, Unitarian Universalist Church of Indianapolis.

In January of this year an extraordinary spiritual leader and global advocate for peace passed away. Thich Nhat Hanh was a Vietnamese Buddhist monk who began working for peace and reconciliation during the Vietnam war and then devoted his life to promoting peaceful spiritual practices rooted in mindfulness. In this service we will honor his life and explore his teachings.

This week's UU Moment: A Meditation on Love - facilitated by Mary Jo LaCorte

Children attending in-person are welcome to join RE Instructor Dr Samantha Porter for a lesson during the service hour. August's Theme: Being Mindful

Lunch After Services- Please join us for lunch after the service this week at Dragon Kitchen.



This Week's Joys & Concerns:

If you have a joy or concern that you would like to have read during a service or shared in our weekly email, please submit it by noon on the Friday before through our website: <http://uufjc.org/joys--concerns.html>

***Joan Kurtzeborn's husband, John, has been transferred to the in patient therapy unit at Capital Region Medical Center. We keep them both in our thoughts for his recovery.

***Carol Bontempo is now at Jefferson City Manor. We continue to keep her in our thoughts for recovery.

We will also have paper forms available Sunday morning for submissions. Submissions made after noon on Friday may not be read or shared until the following week.

On Sunday, August 23, we will be watching portions of the June 21, 2026 UU General Assembly Sunday service.

Our next UUFJC Board meeting will be on Sunday, August 23, after the service. All are welcome to attend.

Chair Yoga
Tuesdays - 11 AM
By Donation

Intergenerational Book Club's
Next read

A Clockwork Orange

by Anthony Burgess

Discussion on Sept. 13, at 2 pm

Our UUFJC children will be making treat bags for animals in the shelter. If you are able, please bring in some treats for cats or dogs during the month of August to help the children with this project.

They will also be making gift bags for our Salvation Army friends. They could use deodorant, bar soap, shampoo, and other person items.

Caring Committee - for assistance, please contact Mary Jo LaCorte by email at uufjc1@gmail.com or text / call at 573-680-9853.

Drum Circle
will meet the 2nd
Monday of the
month from 7-8 pm
Next meeting is
September 14.

If you are interested in signing up for a 5 week session with Rev Tom Bozeman, please see the sign up sheet on the back table or talk to a Board Member.

Meditation Group
Meets
Every Wednesday
7 pm

With Happiness, Love & Light,

Mary Jo LaCorte
UUFJC Administrator

For more events, see our online calendars:

[UUFJC Events](#)

[Community Events](#)

[Virtual Gatherings.](#)

[Building Use \(other\)](#)

[And visit us online at http://uufjc.org/](http://uufjc.org/)

[Affiliated Events](#)

UUFJC now has Venmo!

You can now make a payment through our Venmo app



